

Local Public Health Services Contract Performance Measure FY13

The FY13 Contract Performance Measure is the completion and submission of a written report that addresses monitoring and progress in achieving health improvement goals and strategies that have occurred since the completion of the Community Health Needs Assessment and Health Improvement Plan (CHNA & HIP) report in February 2011.

Instructions

- 1) Click on the green heading below. In the text box above, type the County name in spot that says <insert>.
- 2) From the Community Health Improvement Plan submitted by the BOH in 2011, cut and paste **ALL** the goals and strategies into the corresponding sections on this document.
- 3) Complete the Progress Regarding Strategies section for any strategies that have occurred from **February 27, 2012 to February 26, 2013**.
- 4) Type in the date the Board of Health (contractor) approved the FY13 LPHS Performance Measure.
- 5) Upload completed form electronically to SharePoint per instruction provided in Contract Management Guide by March 31, 2013.

Marion County

Board of Health (Contractor) Date of Performance Measure Approval

Anticipated Date April 16, 2013

Community Health Improvement Plan

GOAL	Strategies	Progress Regarding Strategies
Decrease the obesity rate in persons with less than college education by 5% by 2016 through the development and implementation of a healthy lifestyles program in the community.	If funding can be secured, as part of a healthy lifestyles curriculum, nutrition, cooking, and shopping classes will be developed and initiated in Marion County.	While no new funding has been secured, work plans for the home visiting program in FY 13 included a group education component. Monthly classes are held for home visitor families using the "Loving Your Family" curriculum from Iowa State University Extension. Educational sessions with cooking lessons for healthy meals occur monthly.
	As part of a healthy lifestyles curriculum, health and wellness educational and accountability sessions will be developed and initiated in Marion County.	A healthy lifestyles curriculum that is based on the Blue Zone's Power 9© concepts is being piloted with a small, select group in the community. There have been two sets of classes within the established timeframe of this report.
	Develop a culture of wellness inside the public health department through development and implementation of policies that encourage healthy lifestyles.	A few healthy lifestyle practices have been established within the public health department. Mileage markers have been placed in the hallways for employees who would like to walk during break and/or lunchtimes. There are no soda machines in the building. The PHD participates in wellness activities such as "Burst Your Thirst" and other internal wellness activities.

	Pilot wellness programming with intent to decrease health care costs to the county inside the health department.	A few healthy lifestyle practices have been established within the public health department. Mileage markers have been placed in the hallways for employees who would like to walk during break and/or lunchtimes. There are no soda machines in the building. The PHD participates in wellness activities such as "Burst Your Thirst" and other internal wellness activities.



GOAL	Strategies	Progress Regarding Strategies
Decrease the mortality rate from heart disease by 5% by 2016	When funding can be secured, develop and carry out a healthy lifestyles curriculum for community participation.	Application was made for the development of a full healthy lifestyle curriculum based on the BlueZone Power 9 © concepts. The application was not funded. An abbreviated curriculum was developed and piloted with a small, select group in the community. Pella community has embraced the wellness culture, and walking paths, community gardens, bike racks are more available, curb cut reviews have been completed, and coalition work continues to move forth with key community partners to create an infrastructure to support a culture of community wellness.
	Offer CPR trainings for general community members at least twice per year. This will be in addition to any that are provided to those who have a requirement for their work, ie: sheriff's department, health care, etc.	CPR classes are offered and provided quarterly. Attendees have included sheriff's department, conservation department, public health employees, child care providers, preschool providers, and general community members.
	When funding can be secured, continue to provide tobacco prevention activities in Marion County.	Tobacco prevention activities continue to occur through the tobacco partnership grant and Community Transformation Grant continues to work toward creating an environment of health and well being through tobacco prevention via the work plan components re: smoke free multi unit housing, as allowed.



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By 2016, the cancer mortality rates will be brought down to at least the state's cancer rates for the following types of cancer: prostate, lung, breast, colorectal, and skin melanoma.	Develop and carry out prevention, education, and/or early screening activities as they relate to at least the following types of cancer: Prostate, Lung, breast, Colorectal, and Skin Melanoma.	Breast and Cervical Cancer Early Detection Program continues to expand the availability of screening in Marion County, with additional "slots" provided to the service area for service to uninsured and under insured women whenever available. An additional 18 slots were filled this last fiscal year. Funding continues to be sought for these educational and screening activities for the remaining cancer types.



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Decrease the incidence of diabetes by 5 % by 2016.	As part of a healthy lifestyles curriculum, nutrition, cooking, and shopping classes will be developed and initiated in Marion County.	A full healthy lifestyles curriculum has not been located, developed or implemented, however, current funding avenues have included nutrition, cooking and shopping in classes once per month in the work plan. Additionally, MCPHD continues to provide the Women, Infant and Children (WIC) program in Marion County, which provides health screening, linking, healthy lifestyles, nutrition, cooking, and shopping nutrition education, along with a prescribed food package to each participating family.


	As part of a healthy lifestyles program, health and wellness educational and accountability sessions will be developed and initiated for any resident in Marion County.	Several employers in Marion County have begun focusing on health and wellness, with Vermeer Corporation being considered a leader of wellness in Iowa. The Marion County Wellness Coalition has been meeting monthly to move the culture toward wellness. The Coalition was focused primarily in Pella last fiscal year. During that time, many activities occurred to move wellness forward. Vending machines at the City Pool and several local businesses were evaluated and healthier options made available. Grants were applied for to move wellness forward, and Pella applied for BlueZone status. Upon not receiving the designation, the community leaders gathered and developed thier own strategies to move health and wellness forward outside of the BlueZone structure. Last fiscal year, Pella had several communitiy activities with a health and wellness focus (ie: 5k runs, noontime walk, Thursday Nights in Pella, Edcuational sessions, walking path designations, bike racks for selected areas, and 20 community gardens; much community planning has been done around wellness. Beginning in July 2013, the activities of the CTG grant have expanded to the remaining portions of the county.
	Develop a culture of wellness in the community by providing opportunities to learn and practice healthy lifestyles.	

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Local public health/environmental health will become involved in the education of food safety at the local level.	MC Board of Health will request report data from Iowa Department of Inspections and Appeals regarding inspections of licensed establishments.	Reports are available on the DIA website at www.dia.iowa.gov/food/ . Staff review this data on an occasional basis. Public inquiries are referred.
	MCPHD will host training for licensed food establishments on an annual basis.	No funding secured for this activity. MCPHD will attempt a fee based training program.
	MCPHD will host a training for temporary food vendors, Farmers Market, and private non-profit organizations once per year.	Not completed during this time frame, however, it is likely to occur in spring/summer 2013.
	MCPHD will communicate concerns regarding food safety in licensed establishments in the county to the regulatory body, DIA.	A close relationship with the DIA and its inspectors has been established, with regular interaction between MCPHD/EH and DIA. The relationship has moved beyond just notifying when there are concerns. Planning occurs between MCPHD/EH and DIA for community events, such as Nationals, etc.

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Assure that the food inspectors are aware of the community activities that may require vendors to have temporary/mobile licenses.	A comprehensive list of community events which would likely have vendors that may require temporary/mobile licenses will be collected and provided to the Department of Inspections and Appeals on an annual basis.	This strategy did not work as well as anticipated. It is much more effective to communicate and work directly with DIA's inspectors on a routine basis. This goal is continually being accomplished.

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By July 1, 2012, Marion County Environmental Health will develop a long term plan addressing priority problem areas with wastewater issues in the county.	Complete needs assessment based on current data	MCPHD/EH has current information regarding needs for septic issues within the county.
	Identify high needs areas. Prioritize them in order of urgency to protect ground water.	Needs are prioritized, with Pershing/Attica at the top of the list of needs. Application has been made for a community system. The water related needs in this area are not restricted to waste water; the drinking water system has serious issues, and boil orders have become routine. MCPHD/EH, the DNR, Marion County, SIRWA, MCRW and others have been working together to assist this non-sewered area of the county with thier very serious water issues.
	Identify list of potential solutions to the problem areas.	Solutions are being developed through the processes for grant applcation and planning for waste water, and drinking water for this area of the county.
	Identify barriers to achieving compliance in these area.	Partners continue to work to overcome barriers as they relate to waste water and drinking water for the Pershing/Attica area. As funding becomes available, barriers will become fewer, and some will change and new barriers will need to be overcome.



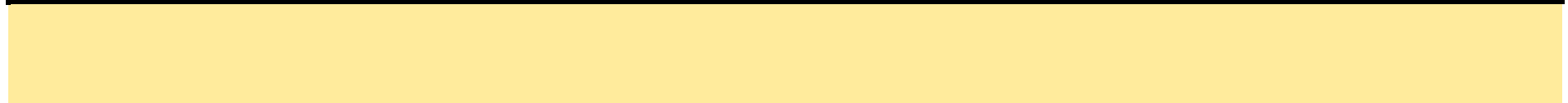
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Increase the compliance for swimming pools, spas, tattoo, and tanning to 75% of these businesses passing inspections with no major compliance issues.	Develop and provide training sessions once per year	Training sessions have been held, and tools provided to operators to assist in compliance. Inspections continue to be both compliance based and technical assistance provision. 75% complete compliance not yet attained.
	Develop templates and tools for each entity to assist with compliance	Tools and technical assistance provided.

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Marion County EH will be prepared for accreditation by July 2013.	Marion County EH, as part of preparation for anticipated upcoming accreditation, will complete policies and procedures for all required environmental health core services.	Iowa Accreditation appears to have stalled. National Accreditation is quite costly, and it is unclear if accreditation is going to be necessary as a requirement for future funding. MCPHD continues to work toward best practices and policy clarity. This includes in the area of environmental health.



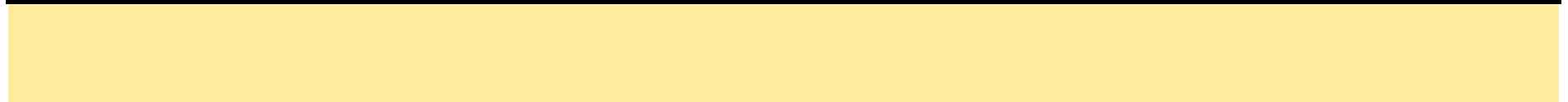
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Short term (up to 48 hours)sheltering for citizens of Marion County during short term hazards, ie: ice storms, will be made available.	Develop the plans, policies, andprocedures for the public health building to be used to provide emergency sheltering on a short term basis, for a small number of people when deemed necessary by EMA & PH Director. This would include situations like power outages during ice storm for individuals who are oxygen dependent with no other options.	The National Response Framework defines the framework for Emergency Response Functions, including ESF 6, which covers Mass Care, Emergecny Assistance, Housing, and Human Services. This ESF has been written, and agreement has been made between Emergency Management and the PH Director regarding implementation of temporary small scale sheltering.

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Marion County PHD will be prepared to meet accreditation requirements by July, 2013.	Evaluate policies and procedures against public health standards.	While Iowa Accreditation for public Health departments appears to have stalled, the guidelines are still available as best practice. National Accreditation is quite costly, and it is unclear if accreditation is going to be necessary as a requirement for future funding. MCPHD continues to work toward best practices and policy clarity. MCPHD has worked toward meeting accreditation requirements for Iowa Home Visiting Programs, and awaits final steps in that process.
	Make improvements and adjustments to policies and procedures.	Policies have been reviewed and adjustments made as needed to accommodate the Iowa Home Visiting Programs requirements for the "Iowa Accreditation" for home visiting through Early Childhood Iowa.
	Assure that documentation and evidence is complete and available for review	Policies have been reviewed and adjustments made as needed to accommodate the Iowa Home Visiting Programs requirements for the "Iowa Accreditation" for home visiting through Early Childhood Iowa.
	Develop and carry out a performance management system for all areas of MCPHD.	

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Community septic system training	Develop and provide training to educate citizens on proper use and care of septic systems.	The environmental health program has been very accessible and provides individualized education about the use and care of septic systems.



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